

BLACK LIVES MATTER RESOURCES



FOR PARENTS

The following guide is a list of resources to aid you and your children's education on the Black Lives Matter and antiracism movements. Each bullet point contains a link to external resources.

HOW TO: TEACH YOUR CHILDREN ABOUT RACE

- [An Introductory Guide to Teaching about Race](#) (Anthropological Association)
- [Anti-Racism Resources for Parents and Kids](#) (Healthline)
- [Explaining Racism to Your Kids](#) (The New York Times)
- [Talking to Your Kids About Racism](#) (Unicef)
- [Teaching Your Child About Black History](#) (PBS)
- [Social Justice Toolbox](#) (SJT)
- [Your Kids Aren't Too Young to Talk About Race: Resource Roundup](#) (Pretty Good Design)

BOOKS TO READ

- [A Kid's Book About Racism](#) by Jelani Memory
- [Antiracist Baby](#) by Ibram X. Kendi
- [A is for Activist](#) by Innosanto Nagara
- [Black is a Rainbow Color](#) by Angela Joy
- [I'm Not Dying With You Tonight](#) by Gilly Segal and Kimberly Jones
- [This Book Is Anti-Racist: 20 Lessons on How to Wake Up, Take Action, and Do The Work](#) by Tiffany Jewell
- [When I Was the Greatest](#) by Jason Reynolds

HOW TO: RAISE ANTI-RACIST CHILDREN

- [100 race-conscious things you can say to your child](#) (Race Conscious)
- [Beyond the Golden Rule](#) (Tolerance.org)
- [EmbraceRace Resources](#)
- [Resources for Parents](#) (American Psychological Association)
- [Resources You'll Need for Raising an Antiracist Child](#) (Mashable)
- [The White Parent's Guide to Raising Anti-Racist Kids](#) (Parents.com)

THINGS TO WATCH

- [15 Kid-Friendly Movies to Help Build a Conversation About Race and Racism](#) (Woman's Day)
- [Black Lives Matter's "What Matters"](#)
- [Just Mercy](#)
- [Selma](#)
- [Sesame Street Racism Town Hall](#) (CNN)
- [Systemic Racism Explained](#)
- [Ted Talk: Get Comfortable with Being Uncomfortable](#) (Ted.com)

This is a collection of resources for children of a variety of ages. Parents will need to determine what messages are appropriate for their children.